

# **Department of Psychiatry Grand Rounds**

# March 25, 2025

# "Cultivating Hope and Agency in Psychiatry"

## 8:00 am – 9:00 am HYBRID EVENT Dana Center Auditorium

Presented by:

### **Graduating Fellow**

## Abhi Khurana, DO

Chief Fellow, Child and Adolescent Psychiatry Department of Psychiatry, MaineHealth Maine Medical Center Portland

Participants will:

- Evaluate the use of hope in practice
- Compare approaches to increase hope in patients
- Incorporate hope practices into treatment

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